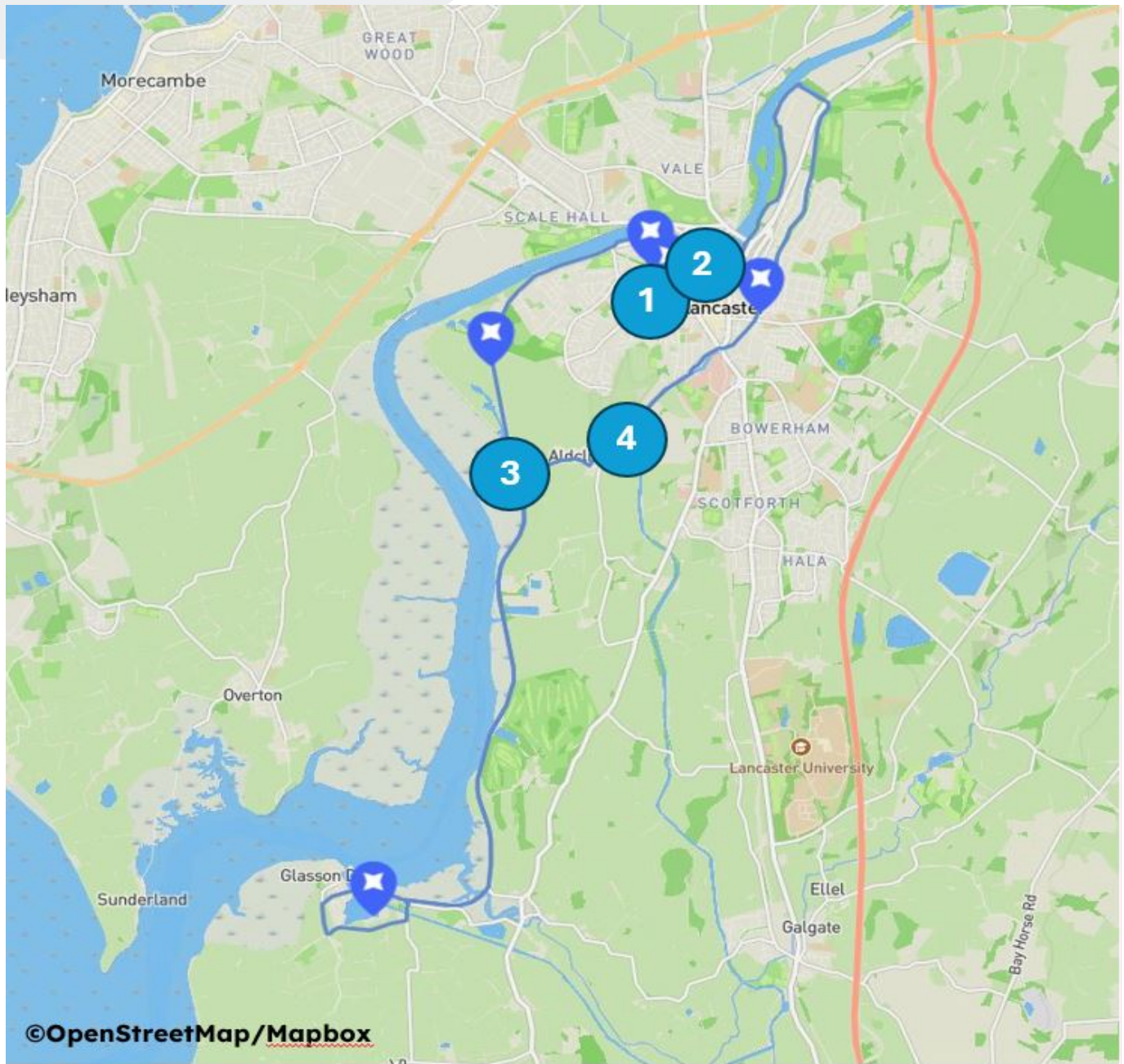




# Ways Around The Bay

Cycle Route  
Lancaster, Glasson Dock  
and Lancaster Canal loop

Moderate  
15.6 miles/  
25km



## Route overview

An enjoyable route away from busy roads, taking in old railway lines, river, canal and the delightful marina at Glasson Dock. Most of this route is off road - please ensure your bike is suitable for off-road cycling. The canal is narrow and bumpy in sections, please be aware of other users.

**Start/finish:** Lancaster Railway Station

**What3Words:** //scenes.script.spaces

**How to get there:** Lancaster Railway station is on the main West coast line and easily accessible from Carlisle, Preston and further afield. Well served by bus routes and just a hop from junction 33 or 34 of the M6 motorway.



**Morecambe  
Bay**  
Partnership

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[waysaroundthebay.org.uk](http://waysaroundthebay.org.uk)





### Lancaster, Glasson Dock and Lancaster Canal loop

*We advise using an OS Explorer map in conjunction with these directions.*

#### Accessibility

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#### Directions

1. Leaving the Station turn right on station road until the road turns sharp left. At this point you need to pick up the blue NCN signs for Millennium Bridge. Where the cycle path meets Long Marsh Lane, turn right under the railway and then immediately turn left to continue along the cycle path. You will see the bridge appear on your left. Join the Bridge and immediately turn left.
2. Once you have left the bridge you will see the blue NCN signs indicating Glasson to your right (also advertised as route 700 the Bay Cycle Way). Follow the cycle route as it takes you along the Quayside with the river Lune on your right. You will be on the path for the majority of New Quay road, but when the path comes to an end (a footpath goes off to your right) join the road and continue all the way to the end of New Quay Road, where it once again becomes the cycle path.
3. At the end of New Quay Road you will be greeted with a sign post indicating either right to Glasson, or straight ahead to Aldcliffe. At this point you can choose the 'there and back' extension to Glasson Dock, turning right and following the path to Glasson, before returning to this point to carry on the route. For the shorter loop route, continue straight ahead. This is now a public road, rather than a cycle path, so be aware of traffic. This road is a gradual incline, and the only incline on the entire route. Follow Aldcliffe Hall Lane, until you see Aldcliffe Hall Drive on your left and take this road. At the top of the hill, it becomes a cycle path again, but be aware when you drop down the other side you will need to cross Aldcliffe Road to then join the canal tow path.
4. Stay on the Canal towpath, passing under the rail track, and then leave the canal after Basin Bridge, following the track to Aldcliffe Road. Cross over onto Carr House Lane and follow until it passes under the railway tracks. Follow the cycle track to the right alongside the playing fields until turning left onto Sylvester Street. Turn right onto Wingate Saul Road. At the junction turn right onto Westbourne Road and almost immediately left onto Fairfield Road. At the end of Fairfield Road turn right onto West Road and make your way back to the station.

#### Don't miss

##### Quay Meadow

Here you may well be pedalling over some significant Roman history. Recent excavations and surveys on this land have uncovered a Roman road and several Roman buildings including a rare Roman temple.

##### Glasson Dock

Grab a great photo opportunity at the beautiful bicycle wheel sculpture which marks the start/end of the Bay Cycle Way. In 1779 the Lancaster Port Commission decided to build Glasson Dock on the south headland of the River Lune. A visit to the Port of Lancaster Smokehouse is a must. Pubs and cafes here are very popular and most have great views out into the estuary.

##### Lancaster Canal

The Lancaster Canal is a nature rich corridor through the city. The canal is Britain's longest without any locks, and runs from Preston to the edge of the Lake District - it once went all the way to Kendal, but construction of the M6 cut through it.

